**March 3, 2023 Online Handheld Finger Labyrinth Walk on the theme of Belonging**

 **Resources**

The music was Spiegel in Spiegel 2 by Arvo Part. When we published it before, there was a copyright problem. Perhaps you could just say Arvo Part.

Giving In To The Wonder Of It All

Giving in as the light does

in the slow slide through the trees’ canopy.

I give in to the solemn moments

of failing the earth or each other.

I give in to the silence of trees and rock,

dirt and old leaves.

i give in to the more than me forest and rivers,

clouds and sky.

i give in to beauty ever lasting.

i give in to the mystery of terrible disasters

and sublime courage that can resurrect truth

and awaken life in a desert

and that we do not give up

lifting our voices in the heart breaking open

into song.

We keep singing.

We keep singing.

I give in to joy.

All around us are towers of light

we call trees, there are circles of light we call flowers

bodies of light who fly

we call birds,

lights who leap and climb on land and in the water,

lights in between our words or as our hands touch

as our memories remember.

Our thrilling differences, our delicious differences of shapes and sizes,

yet we fit together and make a world.

I give in to giving in to the Cosmic Mosaic where i fit in

as light became me to wander through the stirring grove

of thoughts, mine and everything else .

To accomplish this has always been easier than we think.

- Gail Onion