



Walk the Path / Live the Journey
A Veriditas Approved Qualifying Workshop
September 12, 2017
9:00am—4:00pm
Fee: \$80.00

Cape View Motel and Cottages
Mavillette, Nova Scotia Canada



Become a Veriditas Labyrinth Facilitator
Labyrinth Facilitator's Course
September 16-17, 2017
Fee: \$600 USD

Walking the labyrinth is being embraced as a spiritual practice throughout the Western world mostly because of Veriditas trained facilitators. Some people take this two-day course to deepen their knowledge of labyrinths. Others take it with the goal of becoming a Veriditas Certified Labyrinth Facilitator.

Register on-line

Veriditas website: www.veriditas.org

Email: contact@veriditas.org

About our Facilitator:
The Reverend Dr. Kay Mutert

The Reverend Dr. Kay Mutert is a Veriditas Master Teacher after having completed an apprenticeship with Lauren Artress, the founder of Veriditas and worldwide leading force in the use of the labyrinth as a spiritual practice. She has worked alongside the Reverend Dr. Artress co-presenting at Veriditas pilgrimages at both Grace Cathedral in San Francisco and Chartres Cathedral in France. She provides music for many of the Veriditas labyrinth walks. She serves on the Veriditas Council.

Kay uses her composite experience as musician, minister, and teacher, inviting others to claim the labyrinth in a reconnection with the sacredness of life. She has worked with labyrinths since the mid-1990s, helping groups introduce and develop labyrinth events, inviting others into renewal of mind, body, spirit and re-engagement of creative energy, leading retreats, workshops and rituals for life.

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As part of our bi-yearly Labyrinth by the Sea series, a 1-day Veriditas approved qualifying workshop will be offered. It will follow the theme of the retreat — mindfulness in the labyrinth by the sea — and will include insights into what is the labyrinth, its history, its sacred geometry, its use as a spiritual tool and its purpose in our lives today.

For more information on the workshop or to register, please email Grace at grace@pathadventures.com. Visit the Path Adventures website at www.pathadventures.com.

Highlights of the day:

- ~ opening and closing ritual on the labyrinth
- ~ walking beach labyrinths
- ~ contemplative time
- ~ art journaling as a reflective tool



About our Facilitator: Grace Amirault

Grace is an advanced labyrinth facilitator with Veriditas, who also serves on the Veriditas Council. Veriditas trains and supports labyrinth facilitators in their offering of events that promote further understanding of the labyrinth as a tool for personal and community transformation.

Grace has been delivering workshops and hosting labyrinth walks for several years as the founder of Path Adventures. She has integrated her passion for journaling into her work with the labyrinth. Wanting to move away from the basic "dear diary" form of journaling, Grace has incorporated the power of images and colours into expressing what has transpired on the labyrinth as a way of creative expression.

Grace invites all who are called to the labyrinth to experience what art journaling can do to make this walking practice even deeper.