



Presents

*Call of the Labyrinth*  
A Labyrinth Workshop  
June 22, 2017  
9:00am—4:00pm

Galilee Retreat Centre  
398 John St N, Arnprior, ON



### *Call of the Labyrinth*

She bids you enter her  
into a path marked clear  
among fields that twist and turn  
sometimes leading to celestial petals  
that shape the centre imitating womb.  
Placing one foot in front of the other  
mindful with your breathing

... You release

... You receive

... You return.

She is ancient motif  
conceived of sacred geometry.  
She is primordial archetype  
of feminine and imagination.  
She is metaphor and symbol  
of the life you live.  
She is the Labyrinth calling.

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### **Become a Veriditas Labyrinth Facilitator Labyrinth Facilitators Course**

The practice of walking the labyrinth is being used as a spiritual tool throughout the Western world.

Some people take the two-day labyrinth facilitator course to deepen their knowledge of labyrinths and how they are being used. Others take it with the goal of becoming a Veriditas certified labyrinth facilitator. Visit the Veriditas website for upcoming dates.

Register on-line at  
**Veriditas website:**  
[www.veriditas.org](http://www.veriditas.org)  
**Email:** [contact@veriditas.org](mailto:contact@veriditas.org)

### *Call of the Labyrinth*

The *Call of the Labyrinth* workshop at Galilee Retreat Centre follows the spring solstice gathering and labyrinth walk as a way to continue personal reflection and renewal. The day provides insight into the labyrinth, including its history, its sacred geometry, its use as a spiritual tool, and its purpose in our lives today.

For more information or to register, contact Galilee Centre. Lunch included in fee of \$80. Email: [www.galileecentre.com](http://www.galileecentre.com); Phone: (613) 623-4242.

### **Highlights of the day:**

- ~ opening and closing ritual on the labyrinth
- ~ walking Galilee's garden labyrinth
- ~ contemplative time
- ~ art journaling as a reflective tool

### **About our Facilitator: Grace Amirault**

Grace is an advanced labyrinth facilitator with Veriditas, who also serves on the Veriditas Council. Veriditas trains and supports labyrinth facilitators in their offering of events that promote further understanding of the labyrinth as a tool for personal and community transformation.

Grace has been delivering workshops and hosting labyrinth walks for several years as the founder of Path Adventures. She has integrated her passion for journaling into her work with the labyrinth. Wanting to move away from the basic "dear diary" form of journaling, Grace has incorporated the power of images and colours into expressing what has transpired on the labyrinth as a way of creative expression.

She invites all who are called to the labyrinth to experience what art journaling can do to make this walking practice even deeper.